



# PEEL PRE-TREATMENT

## ADVICE SHEET

Do not use any skin products that contain the active ingredient Vitamin A (Retinol, Retinalhydes etc) for 2-4 weeks prior to appointment.

Do not exposure your skin to UV damage. Sunburnt areas will not be able to be treated.

ALL vaccinations (flu, covid, whooping cough etc) are to be no less than 2 weeks prior and 2 weeks post appointment. This is due to delayed inflammatory response.

Do not undertake any other abrasive skin treatments less than 2 weeks prior to appointment. This includes waxing to the area, microdermabrasion, skin needling, chemical peels etc

Please inform the clinic if you are taking any antibiotics prior to your skin treatment.

For all skin consultations: Please bring with you the products that you use on your skin (including body).

Use of prescribed Vitamin A MUST be ceased more than 6 months before all treatments can be performed.

Not abiding by this pre-treatment advice may alter treatment outcomes and some treatments may not be able to be carried out.